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3.4.3 Number of extension and outreach programs conducted by the institution through NSS/NCC etc. (including the programmers such as Swatch Bharat, AIDS awareness, Gender issues etc. and/or those organized in collaboration with industry, community and NGOs) during the last five years

2020-2021

2020
↓
2021



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Extension activity carried out in neighborhood community

S.No	Name Of The Programme	Year
1	Apply in mask awareness program	2020-2021
2	Kabasura kudineer program	2020-2022



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RASC/PRINCIPAL/CIR/JULY 2020

Date: 15/07/2020

CIRCULAR

This is to inform you that on 16th JULY 2021, an event titled “Apply in Mask Awareness program” is organized under NSS Schemes organized for the benefit the society. Student and Faculty volunteers from all the departments are most welcome.

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Report on Mask Awareness Program by NSS Students of RAAK Arts and Science College during COVID-19

Date: 16/07/2020

Venue: RAAK Arts and Science College Campus and Surrounding Community

Organized by: NSS Unit, RAAK Arts and Science College

Objective:

The Mask Awareness Program was organized during the COVID-19 pandemic to educate and motivate students, faculty, and the local community about the critical importance of wearing masks to prevent the spread of the virus. The program aimed to instill a sense of responsibility and ensure adherence to safety protocols.

Program Overview: In response to the escalating COVID-19 crisis, the NSS unit of RAAK Arts and Science College took proactive steps to address the urgent need for mask awareness. The program focused on disseminating accurate information regarding mask usage, countering misinformation, and encouraging community-wide compliance with mask mandates.

Key Activities:

1. Educational Seminars:

- o The NSS volunteers conducted online and offline educational seminars to inform students about the science behind mask-wearing and its role in curbing the spread of COVID-19.

2. Mask Distribution Drive:

- o Masks were distributed to students, faculty, and community members, particularly targeting those who were unable to afford or access quality masks.
- o The distribution was accompanied by demonstrations on proper mask usage and maintenance.




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3. Awareness Campaigns:

- Awareness campaigns were conducted within the college premises, as well as in nearby villages and urban areas.
- Volunteers used posters, banners, and loudspeaker announcements to emphasize the importance of wearing masks in public spaces..

Outcomes:

- The program significantly raised awareness about the importance of mask-wearing among students and the surrounding community.
- A noticeable increase in mask usage was observed both on and off-campus, contributing to the overall safety of the community.

Challenges:

- Initial resistance and misconceptions about mask usage were challenges that required persistent efforts to overcome.
- Maintaining social distancing and other COVID-19 safety measures during in-person activities was a logistical challenge.

Conclusion: The Mask Awareness Program by the NSS students of RAAK Arts and Science College played a crucial role in promoting public health during the COVID-19 pandemic. The dedication and hard work of the NSS volunteers were instrumental in ensuring the safety and well-being of the college and its surrounding community. The program not only educated but also empowered individuals to take responsible actions in the fight against COVID-19.

Recommendations:

- Continued awareness and educational programs to reinforce the importance of mask usage and other safety protocols.
- Collaboration with local health authorities to provide updated information and resources to the community.



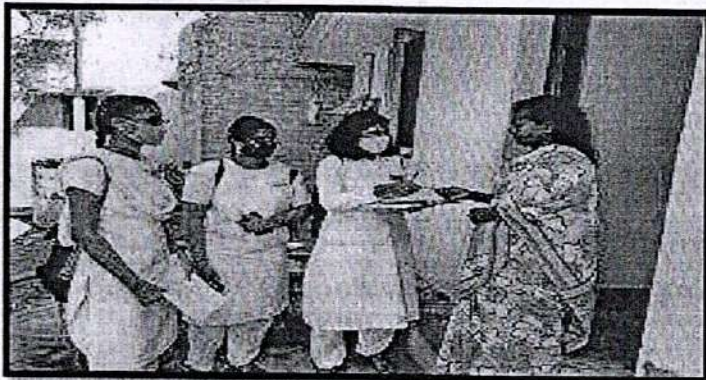
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- Expansion of the program to include vaccination awareness and other pandemic-related safety measures.



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List of Participants

S.NO	NAME	DEPARTMENT /YEAR	SIGNATURE
1	MALINI M	B.COM /III -YEAR	M. malini
2	MANIMARAN I	B.COM /III -YEAR	I. manimaran
3	MOHANDASS R	B.COM CA /III YEAR	R. Mohandass
4	MONICA G	B.COM CA /III YEAR	Monica .A
5	MUGESH M	B.COM CS /III YEAR	Mugesh .m
6	MUTHUKUMARAN S	B.COM CS /III YEAR	Muthukumar .s
7	NISHA S	BBA /III Year	Nisha
8	PRABAKARAN V	BBA /III Year	Prabakaran
9	PRAKASH J	BCA III YEAR	Prakash .J
10	PRAVIN A	BCA III YEAR	Pravin .
11	RAVEESHKUMAR K	BSC CHEMISTRY /III YEAR	Raveeshkumar
12	RAVILA M	BSC CHEMISTRY /III YEAR	Ravilla
13	SANDHIYA S	BA ENGLISH /III YEAR	Sandhya
14	SANJU I	BA ENGLISH /III YEAR	Sanju .
15	SANTHOSH A	BA TAMIL /III YEAR	Santhosh .
16	SASIKUMAR K	BA TAMIL /III YEAR	Sasikumar
17	SAVITHRI A	M.COM /II YEAR	Savithri
18	SHARMILA R	M.COM /II YEAR	Sharmila
19	SIVARAMAN R	M.SC MATHS /II YEAR	Sivaraman .
20	SNEGA J	M.SC MATHS /II YEAR	Sneha .J



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RASC/PRINCIPAL/CIR/JULY 2020

Date: 12/11/2020

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This is to inform you that on 16th Nov 2020, an event titled “Kabasura kudineer program” is organized under NSS Schemes organized for the benefit the society. Student and Faculty volunteers from all the departments are most welcome.

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Report on Kabasura Kudineer Program by NSS Unit at RAAK Arts and Science College

Date: November 16, 2020

Venue: Villianur Temple Surrounding, Puducherry

Organized by: NSS Unit, RAAK Arts and Science College

Objective:

The Kabasura Kudineer Program aimed to enhance the health and immunity of the local community around Villianur Temple by distributing Kabasura Kudineer, a traditional herbal drink renowned for its potential to boost immunity and prevent respiratory illnesses. This initiative was especially important during the COVID-19 pandemic to support public health efforts in the region.

Program Overview: Recognizing the need for community support during the COVID-19 pandemic, the NSS unit of RAAK Arts and Science College organized a Kabasura Kudineer distribution program in the vicinity of Villianur Temple. The event focused on raising awareness about the benefits of traditional herbal medicine and providing the local community with an accessible means to improve their immunity.

Key Activities:

1. Preparation and Distribution of Kabasura Kudineer:

- The NSS volunteers, under the guidance of experienced practitioners of traditional medicine, prepared Kabasura Kudineer on-site at Villianur Temple.
- Distribution points were set up around the temple, where volunteers handed out cups of Kabasura Kudineer to residents and visitors.
- To ensure safety, the distribution was conducted with strict adherence to COVID-19 protocols, including social distancing, wearing masks, and regular hand sanitization.




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2. Health Awareness Sessions:

- Brief educational sessions were conducted to inform the community about the ingredients of Kabasura Kudineer and its health benefits, particularly its role in enhancing immunity and combating respiratory infections.
- Volunteers also provided general health tips, such as the importance of maintaining hygiene, wearing masks, and practicing social distancing to prevent the spread of COVID-19.

3. Community Engagement:

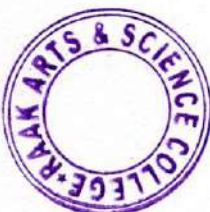
- The program was designed to engage with the local community, including families, elderly individuals, and temple visitors, to ensure widespread participation.
- Volunteers interacted with the community members, addressing their concerns and providing additional information about the traditional herbal remedies.

Outcomes:

- The program successfully reached a large number of people in the Villianur area, with many community members expressing gratitude for the initiative.
- The awareness sessions helped dispel myths and misconceptions about traditional medicine, encouraging more people to adopt Kabasura Kudineer as a preventive health measure.
- The program fostered a stronger connection between the college and the local community, demonstrating the college's commitment to public health and social responsibility.

Challenges:

- Managing crowd control and ensuring compliance with COVID-19 safety protocols required careful coordination, especially given the high turnout.
- Some community members were initially skeptical about the effectiveness of traditional remedies, but the awareness sessions helped to build trust and acceptance.



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Conclusion: The Kabasura Kudincer Program organized by the NSS unit of RAAK Arts and Science College at Villianur Temple was a resounding success. The initiative not only provided a valuable health resource to the local community but also contributed to the broader efforts to combat the COVID-19 pandemic. The program highlighted the effectiveness of traditional medicine in promoting health and well-being, while also reinforcing the college's role in supporting community health initiatives..



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List of Students

S.NO	NAME	DEPARTMENT /YEAR	SIGNATURE
1	GAYATHRI K	B.COM /III -YEAR	Gayathri . k
2	GOWRISHANKAR S	B.COM /III -YEAR	S. Gowrishankar
3	GOWTHAM S	B.COM CA /III YEAR	Gowtham . S
4	HARISH R	B.COM CA /III YEAR	Harish h.
5	HARISHKUMAR V	B.COM CS /III YEAR	V. Harish k.
6	IBRAHIM S	B.COM CS /III YEAR	S. Ibrahim
7	KARTHICKRAJ P	BBA /III Year	P. Karthickraj
8	MANIKANDAN U	BBA /III Year	U. Manikandan
9	MOHAMED YASAR H	BCA III YEAR	Mohamed yasir . h
10	MOHAMEDYUNUS M	BCA III YEAR	M. Mohamud Yunus
11	MUTHUKUMARAN B	BSC CHEMISTRY /III YEAR	B. Muthukumar
12	NANTHA P	BSC CHEMISTRY /III YEAR	N. Nanthap
13	NIVETHA S	BA ENGLISH /III YEAR	N. Nivetha S
14	PAVITHRA M	BA ENGLISH /III YEAR	M. Pavithra
15	PAVITHRA M	BA TAMIL /III YEAR	M. Pavithra
16	PREMKUMAR AC	BA TAMIL /III YEAR	AC. Premkumar
17	PREMKUMAR AV	M.COM /II YEAR	AV. Premkumar
18	PUGAZENTHI S	M.COM /II YEAR	S. Pugazenthi
19	RAGUL GANDHI S	M.SC MATHS /II YEAR	S. Ragul Gandhi
20	SALAUUDIN B	M.SC MATHS /II YEAR	B. Salauudin



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