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#### PERMISSION LETTER

**FROM** 

Mr.R.Pradap Head of the Department of Business Administration RAAK Arts and Science College, Perambai – 605110

TO

The Principal, RAAK Arts and Science College, Perambai – 605110

Respected Sir,

SUB: Requisition for conducting administrative training program on Stress and Time Management - Reg.

This is bringing to your kind notice that we have planned to conduct a administrative training program on Stress and Time Management for Non-teaching staff. This course is very useful for staff to develop their knowledge about their future. So, I kindly request you to, permits us to conduct the above said on 17-06-2021

Thanking you

Place: Perambai

Date: 14.06.2021

Yours Faithfully



RAAK/ ADP/21-22/202

Date: 14.06.2021

#### **CIRCULAR**

All Non-Teaching staff is hereby informed that an Administrative Development Programme on "Stress and Time Management" will be held on 17<sup>th</sup> To 18<sup>th</sup> June 2021 at 9:30 AM in the Auditorium.

Note: Attendance is compulsory for the same.

PRINCIPAL No 2

PRINCIPAL
RAAK ARTS & SCIENCE COLLEGE
VILLIANUR POST-605 110
PERAMBAI.

#### COPY TO:

- Chairman
- Secretary
- · Administrative Officer
- Circular Board/Office

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| Activity             |   |  |  |
|----------------------|---|--|--|
|                      | Report  |  |  |
| Academic<br>Year     | 2021-22   |  |  |
| Category             | Administrative Training Program   |  |  |
| Name of the Activity | STRESS AND TIME MANAGEMENT  |  |  |
| Participants         | Non-Teaching Staff  |  |  |
| Date                 | 17-06-2021 & 18-06-2021   |  |  |
| Venue                | College Campus  |  |  |
| No of Participants   | 12  |  |  |
| Brief Report         | In this workshop all Non-teaching staff members were trained "Stress and Time Management". Time management is a way to find the time for a the things you want and need to do. It helps you decide which things are urgent and which can wait. Learning how to manage your time, activities and commitments can be hard. But doing so can make your life easier, less stressful, and more meaningful. |  |  |
| Photographs          | GPS MAP CAMERA WQH4+92Q Tamil Nadu IN Latitude11.9269105 Longitude79.7545327 Date: 17 Jun 2021 Time: 10:32 AM Google  |  |  |





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# ADMINISTRATIVE TRAINING PROGRAME ATTENDANCE "STRESS AND TIME MANAGEMENT"

#### 2021-2022

| S.NO | STAFF NAME          | 17.06.2021 | 18.06.2021  |
|------|---------------------|------------|-------------|
| 1 .  | Mrs.ANITHA          | Dey        | Ders        |
| 2    | Ms.VETRI SELVI      | Vetrus     | Votour      |
| 3    | Mr.MURUGANANTHAM    | Mari       | Minori      |
| 4    | Mrs.SHANMUGA PRIYA  | Domes      | Startes - 2 |
| 5    | Mrs.JEEVA           | Pava       | La Mai,     |
| 6    | Mr.A.MOHAMED JAKRIA | Par Jamy   | Just pla    |
| 7    | Mr.MANOJ KUMAR      | M          | (m)         |
| 8    | Ms.ARUNA            | Donne.     | Dones.      |
| 9    | Ms.PUNITHA          | Punitha    | Punita      |
| 10   | Mrs.MALLIGA         | Madhic     | Ino Mas     |
| 11   | Mr.VEERAPPAN        | Jamus .    | Frame       |
| 12   | Mrs.SURIYA          | Cto. h.    | S. Ma       |

CO-ORDINATOR

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### CERTIFICATE OF PARTICIPATION

This is to certify that Dr/Mr/Ms-MYS DNITHA has participated in the Administrative training Program on "STRESS AND TIME MANAGEMENT" from 17-06-2021 to 18-06-2021 organised by RAAK Arts and Science College.

CONVENOR



A. Hhand No 2.
PRINCIPAL





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#### CERTIFICATE OF PARTICIPATION





M. HARINGIPAL 2.





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A. Hamil No. 2.





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#### CERTIFICATE OF PARTICIPATION

This is to certify that Dr/Mr/Ms MYS: SAAMMUGA PRIXA has participated in the Administrative training Program on "STRESS AND TIME MANAGEMENT" from 17-06-2021 to 18-06-2021 organised by RAAK Arts and Science College.





A. Hund No 2.





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### CERTIFICATE OF PARTICIPATION





J. Hand No 2.





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### CERTIFICATE OF PARTICIPATION

This is to certify that Dr/Mr/Ms. A. MOHAMED JAKOIA has participated in the Administrative training Program on "STRESS AND TIME MANAGEMENT" from 17-06-2021 to 18-06-2021 organised by RAAK Arts and Science College.





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#### CERTIFICATE OF PARTICIPATION

This is to certify that Dr/Mr/Ms---Manos Kucoal has participated in the Administrative training Program on "STRESS AND TIME MANAGEMENT" from 17-06-2021 to 18-06-2021 organised by RAAK Arts and Science College.





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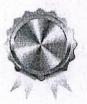




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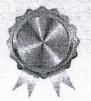




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